

HORA CHEMED (Hora of Delight)
(Israel)

Choreographed by Moshe Halevy

Music by Moshe Halevy

Pronunciation: HO-rah (k)HEH-med

Music: Hadarim III, Side A, Band 2. 4/4 meter.

Formation: Circle, facing CCW, all join hds.

Cts

Pattern

PART I.

- 1-2 Debka Jump with ft together turning knees to L side, jump again bringing knees to original pos.
- 3-4 Debka Jump in place landing on the L ft, and touch vigorously with the R heel next to the L ft.
- 5-6 Hop on the L ft in place and step fwd with the R ft.
- 7-8 Follow step: L, together with R, L.
- 9-32 Repeat cts 1-8, so that you will have a total of four sets.

PART II.

- 1-3 Fast walk on R, L, R.
- 4 Lean to your R (outside circle) and hit the back of the R hd on the palm of the L hd.
- 5-8 Repeat cts 1-4, Part II, continuing with L ft and the last ct will be to your L (inside the circle).
- 9-15 Repeat cts 1-7, Part II.
- 16 Lean to your L (inside circle) and hit the back of the R hd on the palm of the L hd while closing the R next to the L ft.

PART III.

- 1-4 Yemenite step to the L side. While crossing step-hop on the L.
- 5-6 Small leap to the R side, cross with L in front of R.
- 7 Join with R next to the L ft, while going on toes-heels (bounce).
- 8 On toes-heels (bounce).
- 9-16 Repeat cts 1-8, Part III.

Presented by Shlomo Bachar